

The Cartwheel CHRONICLES

September 2025



NEWS

Hello everyone, we had an amazing start to our Recreational Season. We welcomed many new families to FGC!

Just a reminder that we are closed on September 30 2025, for Truth and Reconciliation Day.

Also, Friday is the last day to purchase FGC Merch through Winner's Way Source for Sports.

Just a reminder for all Parent & Tot families. Please wait in the viewing area to be called by your coach.

COMPETITIVE NEWS

Our Fall season has begun, and the gymnasts have been practicing all their skills. We also received our new training suits from Gym Gear. Check out their leotards at www.gymgear.ca





Olivia Lévesque and Coach Lexy
working on her routine

COACH SPOTLIGHT

Coach of the Month



🌟 Coach of the Month: Coach Lily! 🌟

Coach Lily's favourite colour is army green. She loves coaching back tucks and front tucks, and when she's not in the gym, you can often find her at truck shows. Her favourite class to coach is the Xcel Silvers, and a fun fact about her is that she was a Worlds cheerleader and gymnast!

We are so lucky to have Coach Lily on our team—her passion, energy, and experience inspire her athletes every day. 🍌💚

Get to know our coaches at FGC. Once a month we will pick a coach to spotlight!

FUNDRAISING



READY TO MAKE DINNER A LITTLE EASIER WHY NOT ORDER SOMETHING EASY AND DELICIOUS FROM OUR LITTLE CAESARS FUNDRAISER. WHEN YOUR CHILD HAS GYMNASTICS IN THE EVENING THIS IS THE PERFECT MEAL.

ORDERS ARE DUE SEPTEMBER 29, 2025!

OUR FUNDRAISER ID # 459093 YOU MAY ALSO PAY ONLINE BY CREDIT CARD: GO TO WWW.PIZZAKIT.CA CLICK ON "PRODUCTS" THEN "SHOP" SELECT "SHIP ORDER TO GROUP" ORDER FORM AND PAYMENT IS DUE BY SEPTEMBER 28. PICK UP DATE WILL BE SENT BY EMAIL.

We also take Debit, Credit, Cash, and Cheque in the office.



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